

Dear Parents and Families,

You have likely seen a lot of recent media attention on the coronavirus (COVID-19) with the cases in Oklahoma being confirmed. The following information is provided to help prevent the transmission and spread of coronavirus and is taken from CDC guidance.

The virus, like many other illnesses including the flu, is spread between people who are in close contact with one another (within about 6 feet) via coughing or sneezing. The same good health habits that prevent other viruses like the flu, also prevent the spread of coronavirus and decrease the risk of getting sick:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer, with 60% alcohol, if soap and water are not available.
- Cough into a tissue or your elbow (not your hand), then throw tissue away and wash your hands.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid contact with people who are sick and stay home when you are sick.
- Keep students home if they are running a temperature or they report not feeling well or appear weak or ill.
- Consult your healthcare provider if you or your child has health conditions that put you at increased risk.

Guidance provided to districts from the [U.S. Centers for Disease Control \(CDC\)](#) on prevention, planning, and how to respond to [coronavirus can be found on the CDC website](#). Additional information can be found on the Oklahoma State Department of Education website, www.sde.ok.gov, and the Oklahoma State Department of Health website, www.ok.gov/health.

Although every effort will be made to maintain our educational services as normal, it may be prudent for some modifications to the school program. The district along with input from the school nurse and administration, as well as our local and state health departments and guidance from the Centers for Disease Control, will take appropriate actions to mitigate the impact on the school population. Changes to the program will be announced as needed. Emphasis will be placed on student and employee safety when assessing the needs of the educational system at Plainview Schools.

We all have a role to play in keeping students, staff, and families healthy and safe. You can help by staying informed, practicing good hygiene, and staying home or keeping children home if they have been running a fever or are exhibiting signs of a fever.

We are committed to keeping you informed and working with you to keep our school community safe.